

November 14, 2022

Dear Member:

Welcome to the Self-Insured Schools of California (SISC) Health Benefits Program. With over 450 member districts, we are happy to have Santa Monica Malibu Unified School District join us effective January 1, 2023. We are certain you will find value in your new SISC Health Plan benefits and we look forward to serving you.

If you've been expecting a new Medical ID card and have not yet received it, call Anthem Blue Cross at **1-800-825-5541** for PPO and HMO, or Kaiser Permanente at **1-800-464-4000** to verify your address and to request a new one. You can contact Anthem or Kaiser Permanente Member Services with questions or concerns at any time, and can consult your *Evidence of Coverage* for additional plan information.

We are pleased to have you join our program and will occasionally send letters, emails, and other forms of communication to ensure you're aware of everything available through your SISC Health Plan. We've included some information that we believe is important for you to know.

If you're enrolled on a **SISC Kaiser Permanente Medical and Pharmacy Plan**, your plan benefits include:

- Same-day primary care doctor selection or change via Kaiser Permanente Member Services or online at kp.org.
- Emergency and urgent care is covered worldwide, and you can access the Away from Home Travel Line at **951-268-3900** or visit kp.org/travel for support and guidance.
- You can self-refer for medically necessary chiropractic and acupuncture treatment through the American Specialty Health (ASH) network.
- Telephonic Health Coaching for stress, weight management, exercise and more is available at no cost, and you can call **866-862-4295** to schedule an appointment.
- There are a variety of member discounts, classes, and programs available at kp.org/health-wellness that can help you save money and get healthier.
- Kaiser Permanente offers apps designed to support mental health and emotional wellbeing at no cost, and you can get started by visiting kp.org/selfcareapps.

If you're enrolled on a **SISC Anthem Blue Cross HMO Medical Plan**, you should be aware of the following:

- You can change your primary care doctor by calling Anthem Member Services.
- You have access to emergency and urgent care services across the country and around the world through the Blue Cross Blue Shield Global Core program. You can locate a provider at anytime by calling **1-800-810-2583**.
- Dependents residing outside the state of California may be eligible to enroll in HMO coverage with a partner Anthem Blue Cross plan through the HMO Away From Home Care program. You can call **1-800-827-6422** for more information.
- You can self-refer for medically necessary chiropractic and acupuncture treatment through the American Specialty Health (ASH) network.

If you're enrolled on a **SISC Anthem Blue Cross PPO Medical Plan**, your plan has some unique features:

- \$0 copays for the first three primary care provider office visits every calendar year (not available to Minimum Value, Anchor Bronze, HSA-A nor HSA-B plan members).
- There is no out-of-network coverage for routine preventive care, diagnostic imaging, laboratory, durable medical equipment, and the following physical medicine services: chiropractic, occupational, and physical therapy.
- Chiropractic, physical and occupational medicine services require a Medical Necessity Review.
- Most surgeries require prior authorization, and you should contact Anthem member services prior to scheduling any surgery or procedure.
- Blue Distinction Plus (BD+) facilities are required for all inpatient hip and knee replacements and some inpatient spinal surgeries.
- Value-Based Site of Care pricing limits the maximum benefit amount at in-network outpatient hospital facilities for the following five procedures: Arthroscopy, Cataract Surgery, Colonoscopy, Upper GI Endoscopy both with and without Biopsy. Pricing limits do not apply to these procedures when they are performed at an Ambulatory Surgery Center (ASC).

SISC Anthem Blue Cross PPO and HMO Prescription Drug Coverage is provided through **Navitus Health Solutions**. Different health plans and pools use different drug formularies which may require additional action on your part. If you have questions on your medications, you can call Navitus Health Customer Care 24/7 at **1-866-333-2757**.

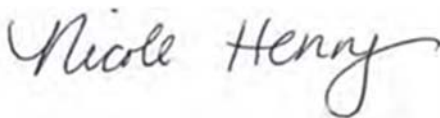
- \$0 generic copays¹ for 30- or 90-day fills are available at Costco stores and through mail order and do not require a Costco membership:
 - A new 90-day prescription is required to participate in Costco's mail order service;
 - Complete online registration at pharmacy.costco.com or call **1-800-607-6861**.
- The network includes most independent pharmacies and all major chain pharmacies except Walgreens.
- SISC pharmacy plans do not coordinate benefits with other plans.
- You should share your new Anthem ID card information with your pharmacist and ensure they are aware of your new pharmacy benefit. Your pharmacist should contact Navitus with any questions.

Also attached is an Added Value Program flyer featuring additional benefits and services available to you as a SISC member. These programs are offered at no additional cost.²

Contact your district office within 30 days if you experience a qualifying event that may affect your SISC health benefits coverage.

Once again, welcome to SISC! We look forward to providing you with high quality and affordable healthcare and hope to serve you and yours for many years to come.

Sincerely,



Nicole Henry
Director of Health Benefits
Self-Insured Schools of California

Find additional benefit information online at anthem.com/ca/sisc, navitus.com/members, and kp.org/sisc.

¹ \$0 copays exclude some narcotic pain and cough medications.

² Per IRS regulations, some programs may be subject to deductible for members enrolled in the following plans: Minimum Value, Anchor Bronze, HSA-A and HSA-B.