

## Santa Monica High School Athletic Tryouts 2022-2023

Welcome to Santa Monica High School Athletics. We are excited for you to join the Viking family! In order to participate in a high school competitive sport, a student must attend a tryout conducted by the head coach of the program. Students can play multiple sports throughout the year as long as they are not in the same season of play. **On the day of tryouts, students must bring a copy of the completed Sports Physical Exam signed by a doctor, and show proof of medical insurance to the coach conducting the tryout.** Physical exams are valid from one year of the date of the exam. Students must be enrolled in Santa Monica High School to participate in a tryout. For updates, visit <https://www.smmusd.org/Page/6718>. For questions, please contact:

Brenda Osaki - Athletic Office Assistant 310-395-3204 x71536, [bosaki@smmusd.org](mailto:bosaki@smmusd.org)

Daniel Tran - Athletic Trainer 310-395-3204 x71411, [dtran@smmusd.org](mailto:dtran@smmusd.org)

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| <b>FALL SPORTS</b>       | <b>Date/Time/Location</b>                                                                                                                                    | <b>Head Coach Contact</b>                                                                        |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| Cross Country-Boys/Girls | June 18, August 13, August 20 @ 9:00-10:30 AM. First tryout at Samohi Track, other tryouts at Ocean/Montana                                                  | Tania Fischer, <a href="mailto:tfischer@smmusd.org">tfischer@smmusd.org</a>                      |
| Football                 | No cuts/no tryouts. First day to report June 13, 2022 @ <b>1:15-3:15 PM</b> @ Campus Field                                                                   | Carter Paysinger, <a href="mailto:cpaysinger@smmusd.org">cpaysinger@smmusd.org</a>               |
| Golf-Girls               | June 13, June 15, August 10, 2022 @ 10:00-11:00 AM @ Rancho Park GC                                                                                          | Roshni Mejia, <a href="mailto:r.mejia@smmusd.org">r.mejia@smmusd.org</a>                         |
| Cheer & Song (Dance)     | April 23, 2022 - Cheer @ 12:00-4:00, Song/Dance @ 8:00-12:00 PM @ Dance Studio in South Gym, Greek Theater                                                   | Lily Sheahan, <a href="mailto:lsharahan@smmusd.org">lsharahan@smmusd.org</a>                     |
| Tennis-Girls             | June 13 & 14, 2022 @ 9:00-12:00 PM @ Campus Courts.<br><b>August 22, 2022 @ 4:00-5:30 PM @ Campus Courts-incoming Freshman only for make-up tryouts</b>      | Shaun Simone, <a href="mailto:ssimone@smmusd.org">ssimone@smmusd.org</a>                         |
| Volleyball-Girls         | June 13 & 14, 2022 @ 3:30-5:00 PM @ South Gym-attend both days. <a href="#">Volleyball Tryout Registration</a>                                               | Liane Sato, <a href="mailto:lsato@smmusd.org">lsato@smmusd.org</a>                               |
| Water Polo-Boys          | <b>June 21</b> , July 12, 2022 @ 8:00-12:00 PM @ Samo Pool <a href="https://bit.ly/3wl4fai">bit.ly/3wl4fai</a>                                               | Matt Flanders, <a href="mailto:mflanders@smmusd.org">mflanders@smmusd.org</a>                    |
| <b>WINTER SPORTS</b>     | <b>Date/Time/Location</b>                                                                                                                                    | <b>Head Coach Contact</b>                                                                        |
| Basketball-Boys          | June 13, 14, 15, 2022 @ 9:00-11:30 AM @ North & South Gym                                                                                                    | James Hecht, <a href="mailto:jhecht@smmusd.org">jhecht@smmusd.org</a>                            |
| Basketball-Girls         | June 13, 14, 15, 2022 @ 1:00-3:00 PM @ North Gym                                                                                                             | Doug Kim, <a href="mailto:dkim@smmusd.org">dkim@smmusd.org</a>                                   |
| Soccer-Boys              | June 13, 14, 15, 2022 @ <b>10:00-12:00 PM</b> @ Campus Field                                                                                                 | Chris Sandoval, <a href="mailto:chris.sandoval.7910@gmail.com">chris.sandoval.7910@gmail.com</a> |
| Soccer-Girls             | June 13, 14, 15, 2022 @ <b>12:30-2:30 PM</b> @ Campus Field                                                                                                  | TBA-more info to follow                                                                          |
| Water Polo-Girls         | <b>June 21</b> , July 12, 2022 @ 8:00-12:00 PM @ Samohi Pool <a href="https://bit.ly/3wl4fai">bit.ly/3wl4fai</a>                                             | Matt Flanders, <a href="mailto:mflanders@smmusd.org">mflanders@smmusd.org</a>                    |
| Wrestling -Boys/Girls    | August 19, 22 & 23 @ 3:30-5:00 PM @ Wrestling Room                                                                                                           | Jason Mun, <a href="mailto:jmun@smmusd.org">jmun@smmusd.org</a>                                  |
| <b>SPRING SPORTS</b>     | <b>Date/Time/Location</b>                                                                                                                                    | <b>Head Coach Contact</b>                                                                        |
| Baseball                 | June 13 & 14, 2022 @ 2:00-4:00 PM @ Baseball Field                                                                                                           | Jordan Sigman, <a href="mailto:jsigman@smmusd.org">jsigman@smmusd.org</a>                        |
| Golf-Boys                | TBD                                                                                                                                                          | Bart Burdick, <a href="mailto:bburdick@smmusd.org">bburdick@smmusd.org</a>                       |
| Lacrosse-Boys            | September 6, January 9, February 1 <sup>st</sup> @ 4:00-6:00 PM @ Belmar Park, Campus Field, Weight Room                                                     | James Phelan, <a href="mailto:jphelan@smmusd.org">jphelan@smmusd.org</a>                         |
| Lacrosse-Girls           | <b>May 25, 2022 @ 4:00-5:30 PM @ Belmar Park-current students ONLY. June 11, 2022 @ 10:30-12:00 PM @ Campus Field – Incoming 9<sup>th</sup> graders ONLY</b> | Brian Patenaude, <a href="mailto:bpatenaude@smmusd.org">bpatenaude@smmusd.org</a>                |
| Softball                 | June 11, 2022 @ 9:00-10:00 AM, <b>June 22, 2022</b> @ 3:00-4:00 PM @ Softball Field                                                                          | Jenny Forster, <a href="mailto:jforster@smmusd.org">jforster@smmusd.org</a>                      |
| Swim-Boys/Girls          | <b>June 21</b> , July 12, 2022 @ 8:00-12:00 PM @ Samohi Pool <a href="https://bit.ly/3wl4fai">bit.ly/3wl4fai</a>                                             | Matt Flanders, <a href="mailto:mflanders@smmusd.org">mflanders@smmusd.org</a>                    |
| Tennis-Boys              | June 15 & 16, 2022 @ 9:00-12:00 PM @ Campus Courts<br><b>December 6, 2022 @ 4:00-5:00 PM @ Campus Courts-incoming Freshman only for make-up tryouts</b>      | Shaun Simone, <a href="mailto:ssimone@smmusd.org">ssimone@smmusd.org</a>                         |
| Track-Boys/Girls         | TBD                                                                                                                                                          | Tania Fischer, <a href="mailto:tfischer@smmusd.org">tfischer@smmusd.org</a>                      |
| Volleyball - Boys        | June 13 & 14, 2022 @ 5:00-6:30 PM @ South Gym- attend both days. <a href="#">Volleyball Tryout Registration</a>                                              | Liane Sato, <a href="mailto:lsato@smmusd.org">lsato@smmusd.org</a>                               |
| Beach Volleyball - Girls | August 9 & 11, 2022 @ 9:00-12:00 PM @ Ocean Park North Courts 1-5. Attend both days. <a href="#">Volleyball Tryout Registration</a>                          | Liane Sato, <a href="mailto:lsato@smmusd.org">lsato@smmusd.org</a>                               |