



BOYS & GIRLS CLUB
OF MALIBU

Wellness Center

2020-21





About Us



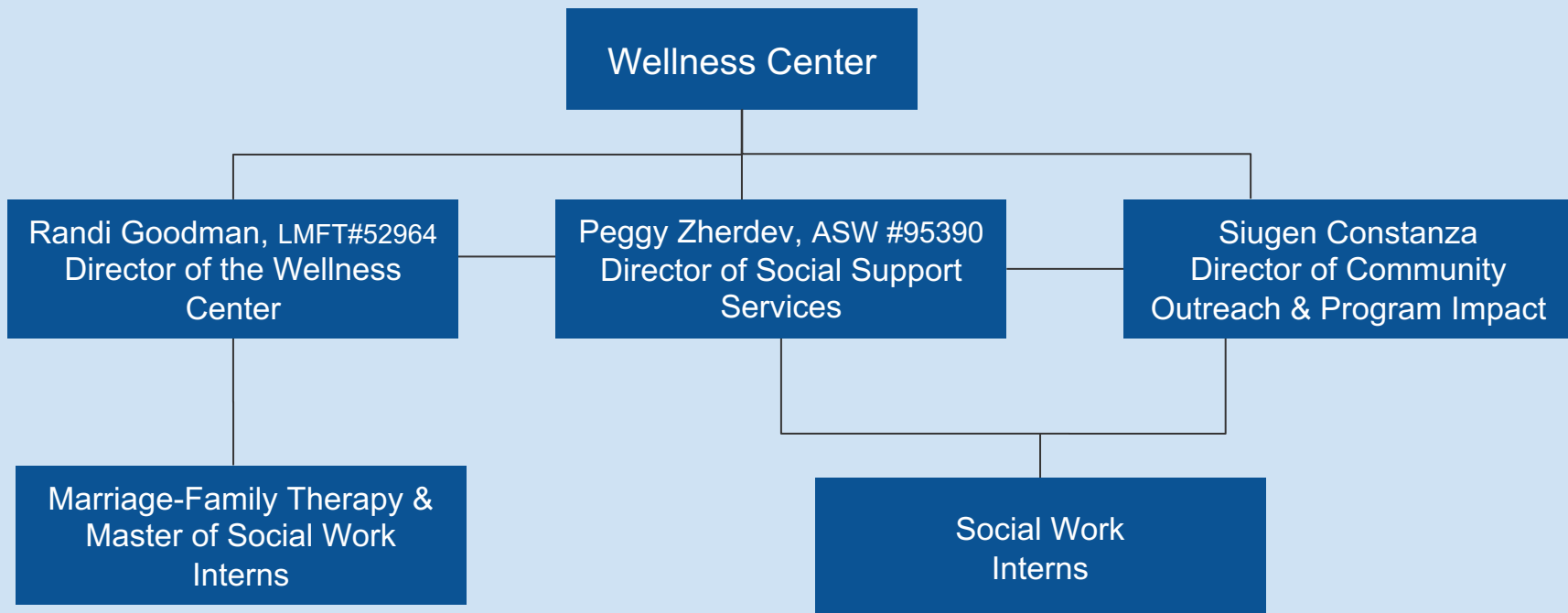
The Wellness Center was established based upon a collective concern for a lack of accessible and affordable services available to youth in Malibu.

Through creative and collaborative partnerships with engaged community members, our program aims to make wellness and counseling services accessible to the Santa Monica, Malibu public school district, and community-at-large.

Our priority is to provide services to all that are seeking our support with compassion, dignity, and respect.



Who We Are





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What We Offer



Therapy Services

- **Individual Counseling** for social and emotional concerns including – but not limited to: anxiety, depression, loss/grief, social skills, anger management, stress, and divorce.
- **Group Counseling** on self-esteem, problem-solving, communication, addiction, and relationships.
- **Parenting Workshops** on various parenting and educational topics. Together we work to improve parent interactions and communication with their children.
- **Family Counseling** by helping family members improve communication, resolve conflicts, and build stronger connections.

*All sessions will be conducted via TeleHealth indefinitely.

*More information to follow regarding programs that will run beyond the 2020-2021 academic school year.

What We Offer



Individual & Family Support Services

- Our Social Services Department can provide services, programs, and resources to individuals and families in the following areas:
 - Food, housing, employment opportunities, workforce development, assistance with immigration issues, and financial assistance through county programs
 - Intimate partner/domestic violence issues
 - Academic tutoring for students and ESL resources
 - Health care resources, crisis intervention, mental health counseling, and MORE...

*Services can be conducted via TeleHealth or by phone.

*More information to follow regarding programs that will run beyond the 2020-2021 academic school year.



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Our Clients

Are individuals, students, & families from:

- Webster Elementary School
- Malibu Elementary School
- Malibu Middle School
- Malibu High School
- Boys & Girls Club of Malibu
- Santa Monica Schools
- ...and the Community-at-Large





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All Wellness Center
Services are
currently free

Referral Process

Parents, students, teachers, and community members can request services directly by contacting the Director of the Wellness Center or by going to our website and filling out a referral form. Please allow 2 business days for a response. If you do not hear from us by this time, feel free to call our office.

To fill out our client paperwork online or to print a paper referral form, please go to our website at: www.bgcmalibuwellness.org

Or contact the Director of the Wellness Center

Randi Goodman LMFT #52964 at (310) 457-6801 ext. 74-142

For urgent matters, call (310) 691-6523 or randigoodman@bgcmalibu.org



COVID-19 TeleHealth Services



Due to the pandemic, the Wellness Center is conducting all therapy and family support sessions using HIPAA compliant TeleHealth technology. Your therapist will send you the Zoom meeting information, which will allow you and/or your child to access your session.

Please make sure to download the Zoom app on your phone or computer.

We have been very successful conducting these sessions using Zoom and are happy to support you during this difficult time. If you do not have access to a computer or smartphone, we will conduct the sessions by phone.



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Contact us

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