

Resource Links

Child Mind Institute Coping Resources for Parents:

<https://27c2s3mdcxk2qzutglz8oa91-wpengine.netdna-ssl.com/wp-content/uploads/WTI-ParentResource.pdf>

Helping parents through COVID019 and beyond:

<https://27c2s3mdcxk2qzutglz8oa91-wpengine.netdna-ssl.com/wp-content/uploads/WTI-ParentResource.pdf>

Grades 7-9 Tips for Supporting Learning at Home:

<https://childmind.org/article/grades-7-9-tips-for-supporting-learning-at-home/>

When Siblings Won't Stop Fighting:

<https://childmind.org/article/when-siblings-wont-stop-fighting/>

Parent-Teen Communication Video:

https://www.youtube.com/watch?v=m_HfbiM5jjE

Managing Family Conflict:

https://www.cstsonline.org/assets/media/documents/CSTS_FS_Managing_Family_Conflict_While_Home.pdf

Supporting teens during COVID:

<https://childmind.org/article/supporting-teenagers-and-young-adults-during-the-coronavirus-crisis/>

How teens cope during COVID:

<https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/staying-home-during-covid19-help-teens-cope>

Parent Caregiver Guide to Help Families Cope:

https://www.nctsn.org/sites/default/files/resources/fact-sheet/parent_caregiver_guide_to_helping_families_cope_with_the_coronavirus_disease_2019_covid-19.pdf