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**March 12, 2024**

Get Ready for APOLLO NIGHT! Come see the talented Vikings competing for cash prizes this Friday, March 15th at 6:30 pm in Barnum (3/14)

Hey Vikings! Come down to the field tomorrow, Wednesday March 13th during lunch to play some soccer!! Soccer balls, goals, and music will be provided!!! (3/14)

Treat yourself this Friday by using code 370361 when you order at Panda Express online or in person and 20% of your order goes to support the senior class (3/14)

In celebration of Women's History Month, today we spotlight Britain's first female NFL coach, Phoebe Schecter, is an inspiring sportswoman. She joined the Buffalo Bills as their Coaching Intern, before being appointed the Tight Ends Coach for the successful American Football team. Continuing her incredibly successful career, Phoebe was later named the Community & Grassroots Project Manager for NFL UK (3/12)

Congratulations to senior Isabella Sanchez on being selected as a scholar athlete by the National Football Foundation! She will be honored by the foundation on March 28th at Sofi Stadium. Isabella represents the first ever class of scholar athletes to be awarded for Girls Flag Football. Isabella is also a finalist for the Ladanian Tomlinson Player of the year award, so wish her good luck! (3/13)

Today and tomorrow is the last day that 20% of your purchases at chick fil a can go to the senior class cabinet! Use codes SAMO24 to help out seniors, that's SAMO24 (3/12)

Students, are you feeling stressed? Want to talk with a counselor on campus? If your advisor is not available, the Samo wellness team will be staffing a drop-in counseling room in the admin building, room AD513, that you can visit. You can come by for a one-time check if you need space to decompress or practice some coping skills, learn more about accessing ongoing mental health services on campus and get referred, or get referrals for resources in the community. (3/13)

Seniors, Grad Nite tickets are on sale for \$140 until March 22nd. Prices will go up to \$150 March 23rd – May 31st. Purchase your tickets by cash or check and dropping off payment at the Activities office or online at <https://www.smmusd.org/Page/6488> To check if you already purchased tickets, please visit <https://www.smmusd.org/Page/1028>. (3/13)

Attention Vikings! **Acting/musical theatre auditions** will be held after school on March 12th, 13th and 15<sup>th</sup> - sign-up sheets will be posted on the HC door on Tuesday, March 12th. **Dance Auditions** will be held on March 18 and 19 after school in the HC Music. Auditions will be held on March 21 and 22 after school in the HC. (3/12)

JUNIORS AND SENIORS, if you are interested in a presentation with one of the following Colleges or options for your future, please see your Naviance account (College Visits) to sign up for an In-Person Visit (All visits are in Room B-120 College and Career Center).

COLLEGES THIS WEEK:

3/15/2024 1:35PM Richmond American University London

**Vikings come out and support our TEAMS!**

[For more information click here.](#)

| Date      | Day | Sport                     | Location | Opponent/Title             |
|-----------|-----|---------------------------|----------|----------------------------|
| 3/12/2024 | Tue | Beach Volleyball, Girls   | Home     | Beverly Hills              |
| 3/12/2024 | Tue | Golf, Boys                | Home     | Redondo Union              |
| 3/12/2024 | Tue | Tennis, Boys              | Home     | Redondo Union              |
| 3/12/2024 | Tue | Track & Field, Boys/Girls | Home     | TBA                        |
| 3/12/2024 | Tue | Volleyball, Boys          | Home     | Mira Costa                 |
|           |     |                           |          |                            |
| 3/13/2024 | Wed | Baseball                  | Home     | Redondo Union              |
| 3/13/2024 | Wed | Beach Volleyball, Girls   | Home     | Redondo Union              |
| 3/13/2024 | Wed | Lacrosse, Boys            | Home     | Peninsula                  |
| 3/13/2024 | Wed | Softball                  | Home     | Banning - Torrance tourney |
|           |     |                           |          |                            |
| 3/14/2024 | Thu | Tennis, Boys              | Home     | Palos Verdes               |
|           |     |                           |          |                            |
| 3/15/2024 | Fri | Baseball                  | Home     | Redondo Union              |
| 3/15/2024 | Fri | Lacrosse, Girls           | Home     | Marlborough                |

### Quote of the Day

The longer I live, the more I observe that carrying around anger is the most debilitating to the person who bears it.

— Katharine Graham, first female publisher of a major U.S. newspaper

COME PLAY SOCCER

DURING LUNCH @FIELD

ON MARCH 13th



\*SOCCER BALLS, SOCCER  
GOALS, AND MUSIC WILL BE  
PROVIDED



**BSU presents**

# **Apollo Night**

**COME TO BARNUM HALL**

**Fri 3/15 6:30 pm**

**Cash  
PRIZES!**

**Guest  
Performances**

**auditions open!**

**Wed and Thurs**

**2/26 - 3/08 lunch D100**

